

Menu: Saint Louis k-8 Lunch  
 School: AMES ES  
 Dates: May 01, 2015 - May 22, 2015

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
1450135	Applesauce	No	No	No	No	No	No	No	No
1450359	Applesauce, Unsweet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450533	BBQ Chicken Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450642	BBQ Chicken Wrap	No	No	Yes	No	No	No	No	Yes
1450309	Bean & Cheese WG Burrito HM	No	No	Yes	No	No	No	No	Yes
1450838	Beef Nachos 2G	No	No	Yes	No	No	No	No	No
1450701	Beef Ravioli w/ Roll	No	No	Yes	No	No	Yes	No	Yes
1450550	Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450744	Cheese Quesadilla 9"	No	No	Yes	No	No	Yes	No	Yes
1450334	Chicken Burrito WG 9" HM	No	No	Yes	No	No	Yes	No	Yes
1451429	Chicken Tenders w/ Roll	No	No	No	No	No	Yes	No	Yes
1451443	Chicken Teriyaki w/ Brown Rice	No	No	No	No	No	Yes	No	Yes
1451607	Cooked Crinkle Cut Carrots	No	No	Yes	No	No	Yes	No	No
1451602	Corn Kernels	No	No	Yes	No	No	Yes	No	No
1451070	Country Style Chunky Hash Brown	No	No	No	No	No	Yes	No	No
1450356	Diced Pears	No	No	No	No	No	No	No	No
1450103	Egg, Ham & Cheese Bagel Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1450403	Fat Free Chocolate Milk	No	No	Yes	No	No	No	No	No
1921580	Fresh Apple	No	No	No	No	No	No	No	No
1450140	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450506	Fresh Cucumber Slices	No	No	No	No	No	No	No	No
1450269	Fresh Orange	No	No	No	No	No	No	No	No
1450325	Fresh Steamed Broccoli	No	No	Yes	No	No	Yes	No	No
1450746	Fresh Strawberries	No	No	No	No	No	No	No	No
2138475	Fruit Cocktail	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451611	Green Beans	Yes	No	Yes	No	No	Yes	No	No
1450514	Green Peas	No	No	Yes	No	No	Yes	No	No
1450789	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes

1450792	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
2159207	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450800	Grilled Ham & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450480	Hamburger	No	No	Yes	No	No	Yes	No	Yes
1450489	Jelly Packet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450494	Ketchup Dispenser	No	No	No	No	No	No	No	No
1451459	Large Chef Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1451433	Large Chicken Caesar Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451179	Large Garden Salad	No	No	Yes	No	No	No	No	Yes
1451472	Large Grilled Chicken Garden Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1451242	Large Ham & Cheese Salad	No	No	Yes	No	No	Yes	No	Yes
1450300	Mandarin Oranges	No	No	No	No	No	No	No	No
1450525	Mayonnaise Dispenser	Yes	No	No	No	No	Yes	No	No
1450534	Mustard Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451450	Orange Chicken w/ Rice	No	No	Yes	No	No	Yes	No	Yes
1451225	Pineapple Tidbits	No	No	No	No	No	No	No	No
2161849	Pretzel Bun Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450712	Ranch Chicken Patty Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1450424	Ranch Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451628	Salad Bar, Beans, Garbanzo	No	No	No	No	No	No	No	No
1450500	Salad Bar, Broccoli, Florets	No	No	No	No	No	No	No	No
1450536	Salad Bar, Carrots, Baby	No	No	No	No	No	No	No	No
1450505	Salad Bar, Celery, Sticks	No	No	No	No	No	No	No	No
1451086	Salad Bar, Lettuce/Spinach Mix	No	No	No	No	No	No	No	No
1450601	Sausage Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451034	Seasoned Crinkle Cut Sweet Potato Fries	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451216	Sliced Peaches	No	No	No	No	No	No	No	No
1451601	Small BBQ Chicken Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1451597	Small Crispy Chicken Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451243	Small Ham & Cheese Salad	No	No	Yes	No	No	Yes	No	Yes
2139121	Small Mediterranean Chicken Salad w/ Crackers	No	No	No	No	No	Yes	No	Yes

1451589	Small Southwest Chicken Salad w/ Crackers	No	No	No	No	No	Yes	No	Yes
1450676	Southwest Veggie Wrap	Yes	No	Yes	No	No	Yes	No	Yes
1450715	Spicy Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
1450848	Spicy Crispy Chicken Caesar Salad	No	No	Yes	No	No	Yes	No	Yes
1451454	Sweet & Sour Chicken w/ Rice	No	No	No	No	No	Yes	No	Yes
1450856	Sweet Potato Fries, Crinkle Cut	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450636	Tater Gem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450632	Turkey & Cheese Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450660	Turkey & Cheese Wrap	No	No	Yes	No	No	Yes	No	Yes
1450913	Turkey Burger (P)	No	No	No	No	No	Yes	No	Yes
1450384	Turkey Corn Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450925	Turkey Hot Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450488	Turkey Hot Dog	No	No	No	No	No	Yes	No	Yes
1451432	Turkey Taco Salad	No	No	Yes	No	No	Yes	No	No
1450735	Vegetables, Frzn, 5 Way Mixed	Yes	No	Yes	No	No	Yes	No	No
1450400	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No

\* = Indicates missing Nutrient Information.

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